

★ PRESTON JR. HIGH ★

WRESTLING

THINK YOU'RE TOUGH?
PROVE IT ON THE MAT.

Preston Jr. High Wrestling Begins **September 28th** at **5:30 PM**



PRACTICE STARTS

SEPTEMBER 28TH



5:30 PM



**PRESTON HIGH SCHOOL
WRESTLING ROOM**

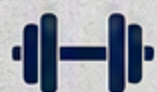
WHY WRESTLING?

- ✓ BUILD STRENGTH & CONFIDENCE
- ✓ DEVELOP TOUGHNESS & DISCIPLINE
- ✓ IMPROVE ATHLETIC PERFORMANCE
- ✓ LEARN VALUABLE LIFE SKILLS
- ✓ BE PART OF A TEAM

NO EXPERIENCE NECESSARY!

ALL PRESTON JR. HIGH STUDENTS WELCOME

Whether you're brand new to wrestling
or have experience, come join the team
and see what you're capable of.



WORK HARD



COMPETE HARD



**GET BETTER
EVERY DAY**



PRESTON JR. HIGH

WRESTLING

CHAMPIONS ARE BUILT ONE PRACTICE AT A TIME.

